

OFF-LIMIT ESTABLISHMENTS/ ACTIVITIES DUE TO COVID-19

- DUE TO THE RECENT UPTICK IN COVID-19 CASES, NEW NAVY RESTRICTIONS HAVE BEEN SET REGARDING OFF-LIMIT ESTABLISHMENTS AND ACTIVITIES FOR MILITARY MEMBERS. OFF INSTALLATION, SERVICE MEMBERS ARE PROHIBITED FROM VISITING, PATRONIZING OR ENGAGING IN THE FOLLOWING:
- Recreation swimming pools, gyms, fitness facilities, exercise classes, saunas and salons
 - Tattoo, body-art and piercing parlors
 - Barber shops, hair or nail salons and massage parlors
 - Cinemas and theaters
 - Team and organized sports
 - Dine-in restaurants (take-out authorized), bars, night clubs, casinos, conferences, sporting events and concerts
 - Public celebrations, parades, public beaches, amusement parks or other events designed to promote large gatherings
 - Non-essential commercial retail establishments and shopping malls
 - In-residence gatherings are prohibited if anyone residing in the home is covid-19 positive or is experiencing flu-like symptoms

Government civilian, family members and contract employees are highly encouraged to avoid these establishments and activities.



EXERCISE CAUTION WITH THESE SERVICES/ACTIVITIES DUE TO COVID-19

- ▼ DUE TO THE RECENT UPTICK IN COVID-19 CASES, NEW NAVY GUIDANCE STATES: TO THE MAXIMUM EXTENT PRACTICAL, SERVICE MEMBERS, GOVERNMENT CIVILIANS, FAMILY MEMBERS AND CONTRACT EMPLOYEES SHOULD MINIMIZE UNNECESSARY IN-PERSON USE OF THE FOLLOWING:
- ▼ Mass transit (bus, rail or ferry)
 - ▼ Auto repair, maintenance and annual vehicle inspections
 - ▼ Curb-side and drive-thru services
 - ▼ In-home domestic services, home maintenance/repair and lawn services
 - ▼ Pet care and veterinary services
 - ▼ Post Office
 - ▼ Laundry and dry cleaning services
 - ▼ In-residence social gatherings that include more than 10 guests that do not reside in the residence.

If these services and activities must be used, use necessary precautions, to include social distancing and use of cloth face coverings.

A M E R I C A ' S
NAVY